

## Six Structures of Belief

Structure of Belief	Observations and Questions
<b>ENVIRONMENT</b>	What is the environment that you find yourself in? <b><i>Where and when is this happening?</i></b>
<b>BEHAVIOR</b>	Notice what you are doing and saying ... <b><i>Notice how your actions are a reflection of what you are doing/saying ...</i></b>
<b>CAPABILITIES</b>	Capabilities and skills ... <b><i>Notice how this structure of belief enhances your qualities, your skills and competencies ...</i></b>
<b>BELIEFS AND VALUES</b>	Beliefs and values ... <b><i>Notice how this structure of belief influences the other beliefs and values that you carry ...</i></b> <b><i>What does it add to them?</i></b>
<b>IDENTITY</b>	Identity ... <b><i>Notice how this structure of belief adds value to your sense of self, your mission and purpose ...</i></b> <b><i>How is this an expression of you?</i></b>
<b>SPIRITUALITY</b>	Notice the bigger systems you are a part of ... <b><i>As you carry this structure of belief forward, notice how this enhances how you connect/co-operate, and how this adds value to the other systems that you are a part of.</i></b>